



Dear Participant:

We need your assistance with our appointment schedule. Although it is possible that missing a doctor's appointment is just an oversight or perhaps there was a more urgent reason. If given enough time, we can accommodate other participants in need. The following statement is our Financial and Cancellation Policy, which we require you to read and sign prior to any treatment.

Insurance is billed as a courtesy to our participants; however, the participant is the final responsible party. This policy reduces your out-of-pocket expenses and allows you to place your family under care. We do not accept assignment for secondary insurance carriers, but will be happy to provide you with a claim for your secondary carrier. If your insurance has not paid in 60 days, you (the participant) will be notified, and will need to take an active part in recovery of your claim. If your insurance carrier has not paid in 90 days, you (the participant) will be responsible for payment in full for any outstanding balance and you authorize us to use your credit card to collect full payment.

As a courtesy, we text to remind our participants of their appointments the day before your appointment. We are asking that you give us 24 hours notice before your scheduled appointments to cancel or reschedule. As a courtesy to our participants, there is no charge for the first missed appointment. But after that, a service charge will apply. Please refer below:

- 1st No show or late cancel/reschedule- No Charge
- Cancel/Reschedule at least **24hours before appointment**- No Charge
- Late Cancel/Reschedule/15mins late- \$50 or treatment in membership/package

You must text our office at 407.370.4444 or email [info@acupuncturefit.com](mailto:info@acupuncturefit.com) to reschedule your appointment.

Thank you for your cooperation.

FULL PAYMENT, CO-PAYMENT, PERCENTAGES, AND/OR DEDUCTABLE ARE DUE AT THE TIME SERVICES ARE RENDERED, OR BY AN AUTHORIZED MEMBERSHIP PLAN/PACKAGE. ALL SALES ARE FINAL. NO REFUNDS. WE ACCEPT CASH, CHECKS, APPROVED GIFT CARDS, VOUCHERS, AND MOST MAJOR CREDIT CARDS.

As of today's date, I acknowledge that I have read the above and understand this policy.

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Print Name

---

Date

---

Signature

**HEALTH COACHING  
PARTICIPANT DEMOGRAPHICS**



Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_ MI: \_\_\_\_\_

Social Security # \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ Marital Status: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Email: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

**Employment Information**

Employment Status: \_\_\_\_\_ Professional Title: \_\_\_\_\_

Employer Name: \_\_\_\_\_ Employer Phone: \_\_\_\_\_

Employer Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

**Emergency Contact**

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_ Relationship: \_\_\_\_\_

*If information is different from above please complete the following:*

Emergency Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Cell Phone: \_\_\_\_\_

**Next of Kin**

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

**How did you hear about us?**

\_\_\_\_\_

**By signing below I authorize release of all information and records, including diagnostic reports, consulting reports, and imaging concerning my healthcare and treatment. It is my responsibility to notify Acupuncture Fit if any of this information should change. Please inform reception of any changes to update your records.**

\_\_\_\_\_ Relationship \_\_\_\_\_ Today's \_\_\_\_\_  
Print Participant Name

Date (or Participant Representative Name with Relationship to Participant)

\_\_\_\_\_  
Participant Signature (or Participant Representative Signature)

# HEALTH COACHING PARTICIPANT DEMOGRAPHICS



Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_ DOB: \_\_\_\_\_ Gender:  Male  
 Female

Select all that apply:  Pregnant  Pacemaker  HIV Disease  Hepatitis  Blood Transfusion

Currently Under Care of:  MD  Chiropractor  Therapist  Massage Therapist  Acupuncture Physician

### Chief Complaints in order of importance:

(Main health concerns, how/when did they begin)

1. \_\_\_\_\_
2. \_\_\_\_\_ 3. \_\_\_\_\_
4. \_\_\_\_\_ 5. \_\_\_\_\_

### History of Present Illness (Please check all that apply within last 3 months)

**General:**  Weight Changes  Fever  Chills  Trouble Falling Asleep  Trouble Staying Asleep \_\_\_\_\_

**HEENT:**  Headaches  Vision Issues  Hearing Issues  Nose Bleed  Runny Nose  Throat/Voice Issues

<p><b>Head:</b></p> <input type="checkbox"/> dizziness <input type="checkbox"/> migraine <p><b>Headaches:</b></p> <input type="checkbox"/> front <input type="checkbox"/> side <input type="checkbox"/> top <input type="checkbox"/> back <input type="checkbox"/> head injury <input type="checkbox"/> facial pain <input type="checkbox"/> facial paralysis <input type="checkbox"/> sinus problems <input type="checkbox"/> heaviness in head	<p><b>R L Eyes:</b></p> <input type="checkbox"/> <input type="checkbox"/> cataracts/glaucoma <input type="checkbox"/> <input type="checkbox"/> eye pain <input type="checkbox"/> <input type="checkbox"/> twitching <input type="checkbox"/> <input type="checkbox"/> floaters/spots <input type="checkbox"/> <input type="checkbox"/> poor vision <input type="checkbox"/> <input type="checkbox"/> blurry vision <input type="checkbox"/> <input type="checkbox"/> night blindness <input type="checkbox"/> <input type="checkbox"/> itchiness <input type="checkbox"/> <input type="checkbox"/> glasses/contacts <input type="checkbox"/> <input type="checkbox"/> red eyes	<p><b>R L Ears:</b></p> <input type="checkbox"/> <input type="checkbox"/> loss/poor hearing <input type="checkbox"/> <input type="checkbox"/> discharge <input type="checkbox"/> <input type="checkbox"/> earaches <input type="checkbox"/> <input type="checkbox"/> itchiness <input type="checkbox"/> <input type="checkbox"/> inflammation <input type="checkbox"/> <input type="checkbox"/> tenderness <p><b>Ringing in ears:</b></p> <input type="checkbox"/> <input type="checkbox"/> loud <input type="checkbox"/> <input type="checkbox"/> soft <input type="checkbox"/> <input type="checkbox"/> high pitch <input type="checkbox"/> <input type="checkbox"/> low pitch	<p><b>Nose:</b></p> <input type="checkbox"/> loss of smell <input type="checkbox"/> good sense of smell <input type="checkbox"/> allergies <input type="checkbox"/> nasal discharge <p><b>Color:</b></p> <input type="checkbox"/> white <input type="checkbox"/> clear <input type="checkbox"/> green <input type="checkbox"/> yellow <p><b>Amount:</b></p> <input type="checkbox"/> mod <input type="checkbox"/> heavy <input type="checkbox"/> thick <input type="checkbox"/> thin	<p><b>Mouth:</b></p> <input type="checkbox"/> grind teeth <input type="checkbox"/> drooling <input type="checkbox"/> excess saliva <input type="checkbox"/> dry mouth <input type="checkbox"/> dry lips <input type="checkbox"/> gum disease <input type="checkbox"/> bad breath <input type="checkbox"/> scanty <input type="checkbox"/> sores	<p><b>Throat:</b></p> <input type="checkbox"/> dry throat <input type="checkbox"/> hoarseness <input type="checkbox"/> sore throat <input type="checkbox"/> loss of voice <input type="checkbox"/> difficulty swallowing <input type="checkbox"/> 'lump in throat' <input type="checkbox"/> tonsillitis <p><b># Of Bowel Movements:</b></p> <input type="checkbox"/> per day <input type="checkbox"/> week <input type="checkbox"/> month
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Other: \_\_\_\_\_

**Respiratory:**  Cough  Shortness of Breath  Coughing up Blood  Blood in Mucus

<input type="checkbox"/> pneumonia <input type="checkbox"/> bronchitis <input type="checkbox"/> asthma <input type="checkbox"/> coughing blood <input type="checkbox"/> wheezing <input type="checkbox"/> freq. colds	<p><b>Cough:</b></p> <input type="checkbox"/> dry <input type="checkbox"/> croup <input type="checkbox"/> rapid <input type="checkbox"/> chronic <p><b>Phlegm:</b></p> <input type="checkbox"/> thin <input type="checkbox"/> thick <input type="checkbox"/> clear <input type="checkbox"/> white <input type="checkbox"/> yellow <input type="checkbox"/> green	<input type="checkbox"/> tightness in chest <input type="checkbox"/> sinus infection <input type="checkbox"/> sinus congestion <input type="checkbox"/> post nasal drip <input type="checkbox"/> heaviness/fullness in chest
--	--	--

**Difficulty Breathing:**

sitting  lying down  
 difficulty inhaling  
 difficulty exhaling  
 freq. sighing  
 other chest discomfort

Other: \_\_\_\_\_

**Cardiovascular:**  Chest Pain  Palpitations  Swelling of legs or feet

<input type="checkbox"/> high blood pressure <input type="checkbox"/> low blood pressure <input type="checkbox"/> fainting <input type="checkbox"/> cold hands/feet	<input type="checkbox"/> irregular heartbeat <input type="checkbox"/> insomnia <input type="checkbox"/> dream disturbance <input type="checkbox"/> coma	<input type="checkbox"/> loss of consciousness <input type="checkbox"/> heart pounding <input type="checkbox"/> stifling sensation in chest
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Other: \_\_\_\_\_

# History of Present Illness Continued (Please check all that apply within last 3 months)



**Abdominal:** Nausea Vomiting Constipation Diarrhea Abdominal Pain Blood in Stool

- |   |  |   |                                      |                                     |
|---|--|---|--------------------------------------|-------------------------------------|
| <input type="checkbox"/> cramping             | <input type="checkbox"/> belching          | <b>Stools:</b>                            | <input type="checkbox"/> hemorrhoids | <b>Abdomen:</b>                     |
| <input type="checkbox"/> gas after meals      | <input type="checkbox"/> hiccup            | <input type="checkbox"/> loose            | <input type="checkbox"/> hernia      | <input type="checkbox"/> tenderness |
| <input type="checkbox"/> stomach pain         | <input type="checkbox"/> heart burn/reflux | <input type="checkbox"/> difficult        | <input type="checkbox"/> flatulation | <input type="checkbox"/> fullness   |
| <input type="checkbox"/> overeats             | <input type="checkbox"/> bulimia           | <input type="checkbox"/> dry/hard         | <input type="checkbox"/> gall stones | <input type="checkbox"/> burning    |
| <input type="checkbox"/> tastelessness        | <input type="checkbox"/> "nervous stomach" | <b>Appetite:</b>                          | <b>Rectal:</b>                       |                                     |
| <input type="checkbox"/> fatigue after eating | <input type="checkbox"/> cravings          | <input type="checkbox"/> increased        | <input type="checkbox"/> pain        | <input type="checkbox"/> bleeding   |
|   |  | <input type="checkbox"/> poor             |                                      |                                     |
|   |  | <input type="checkbox"/> no desire to eat |                                      |                                     |

Other: \_\_\_\_\_

## Musculoskeletal:

- |                                   |                                    |  |                                       |
|-----------------------------------|------------------------------------|--|---------------------------------------|
| <input type="checkbox"/> swelling | <input type="checkbox"/> tingling  | <input type="checkbox"/> spasms          | <input type="checkbox"/> tenderness   |
| <input type="checkbox"/> burning  | <input type="checkbox"/> arthritis | <input type="checkbox"/> twitching       | <input type="checkbox"/> unsteadiness |
| <input type="checkbox"/> weakness | <input type="checkbox"/> clicking  | <input type="checkbox"/> tremors/shaking | <input type="checkbox"/> tension      |
| <input type="checkbox"/> numbness | <input type="checkbox"/> stiffness | <input type="checkbox"/> soreness        | <input type="checkbox"/> heaviness    |

(rate pain on scale of 1-10, 10=worst)

Area:

- |                          |                          |            |   |                          |                          |          |   |                          |                          |            |   |                          |                          |              |   |
|--------------------------|--------------------------|------------|---|--------------------------|--------------------------|----------|---|--------------------------|--------------------------|------------|---|--------------------------|--------------------------|--------------|---|
| R                        | L                        |            | R | L                        |                          | R        | L |                          | R                        | L          |   |                          |                          |              |   |
| <input type="checkbox"/> | <input type="checkbox"/> | face       | 0 | <input type="checkbox"/> | <input type="checkbox"/> | pelvic   | 0 | <input type="checkbox"/> | <input type="checkbox"/> | upper back | 0 | <input type="checkbox"/> | <input type="checkbox"/> | leg          | 0 |
| <input type="checkbox"/> | <input type="checkbox"/> | jaw        | 0 | <input type="checkbox"/> | <input type="checkbox"/> | groin    | 0 | <input type="checkbox"/> | <input type="checkbox"/> | mid back   | 0 | <input type="checkbox"/> | <input type="checkbox"/> | foot         | 0 |
| <input type="checkbox"/> | <input type="checkbox"/> | chest      | 0 | <input type="checkbox"/> | <input type="checkbox"/> | neck     | 0 | <input type="checkbox"/> | <input type="checkbox"/> | lower back | 0 | <input type="checkbox"/> | <input type="checkbox"/> | whole body   | 0 |
| <input type="checkbox"/> | <input type="checkbox"/> | epigastric | 0 | <input type="checkbox"/> | <input type="checkbox"/> | shoulder | 0 | <input type="checkbox"/> | <input type="checkbox"/> | sciatica   | 0 | <input type="checkbox"/> | <input type="checkbox"/> | other bone   | 0 |
| <input type="checkbox"/> | <input type="checkbox"/> | rib cage   | 0 | <input type="checkbox"/> | <input type="checkbox"/> | finger   | 0 | <input type="checkbox"/> | <input type="checkbox"/> | arm        | 0 | <input type="checkbox"/> | <input type="checkbox"/> | other muscle | 0 |
| <input type="checkbox"/> | <input type="checkbox"/> | abdominal  | 0 | <input type="checkbox"/> | <input type="checkbox"/> | sacrum   | 0 | <input type="checkbox"/> | <input type="checkbox"/> | knee       | 0 | <input type="checkbox"/> | <input type="checkbox"/> | other joint  | 0 |

**Pain is present:**

- daily
- monthly
- weekly
- quarterly
- annually

**Carry Heavy objects:**

- often
  - not often
- Is/does pain:**
- fixed
  - moves around
  - radiates
  - sharp
  - dull

**Pain is Aggravated by:**

- sitting
- standing
- movement
- pressure
- warmth
- weather

**Pain is Alleviated by:**

- sitting
- standing
- movement
- pressure
- warmth
- weather

Other: \_\_\_\_\_

**Skin:** Skin changes Rashes Masses

- |                                    |   |                                       |  |
|------------------------------------|---|---------------------------------------|--|
| <input type="checkbox"/> psoriasis | <input type="checkbox"/> odd skin texture | <input type="checkbox"/> moist skin   | <b>Hair:</b>                               |
| <input type="checkbox"/> eczema    | <input type="checkbox"/> itching          | <input type="checkbox"/> pimples/acne | <input type="checkbox"/> thinning          |
| <input type="checkbox"/> hives     | <input type="checkbox"/> fungus/yeast     | <input type="checkbox"/> bruises      | <input type="checkbox"/> balding           |
| <input type="checkbox"/> discharge | <input type="checkbox"/> dry skin         | <input type="checkbox"/> herpes       | <input type="checkbox"/> loss of body hair |
|                                    |   |                                       | <input type="checkbox"/> change in hair    |
|                                    |   |                                       | <input type="checkbox"/> dandruff          |

Other: \_\_\_\_\_

## Genito-urinary:

**Urine:**

- burning
  - painful
  - scanty
  - dribbling
- Color:**
- cloudy
  - pale
  - dark yellow
  - pink/red
- unable to hold urine
- unable to urinate
- urgency to urinate
- wakes up to urinate more than once
- How many times? N/A**

sexually active

- impotency
- Sex drive**
- increased
  - diminished
- genital itching
  - genital sores/pain

discharge

- history of:
- kidney stones
  - bladder infections
  - prostate problems
  - STD

Other: \_\_\_\_\_

## Men's Health:

- |  |   |
|--|---|
| <input type="checkbox"/> infertility                           | <input type="checkbox"/> painful erections                        |
| <input type="checkbox"/> swellings/lumps and pain in testicles | <input type="checkbox"/> discharge from penis                     |
| <input type="checkbox"/> cold feeling in genitals              | <input type="checkbox"/> difficult achieving/maintaining erection |
| <input type="checkbox"/> difficult ejaculation                 | <input type="checkbox"/> injury to reproductive organs            |

Other: \_\_\_\_\_

# History of Present Illness Continued (Please check all that apply within last 3 months)



- Neurological:**  Loss of any sensation     Loss of Bowel or Bladder function     Tremor  
 shaking     tics     coma     concussion     paralysis     trauma at birth     seizures

- Delivered:**  
 vaginally  
 C-section

Other: \_\_\_\_\_

- Psychological:**  Suicidal Ideation     Homicidal Ideation     History of Mental Illness

**Please also indicate if you have been diagnosed with any of the following:**

- |  |                                      |                                       |  |  |                               |
|--|--------------------------------------|---------------------------------------|--|--|-------------------------------|
| <input type="checkbox"/> depression      | <input type="checkbox"/> moody       | <input type="checkbox"/> sadness      | <input type="checkbox"/> easy to anger | <input type="checkbox"/> extrovert         | <input type="checkbox"/> ADD  |
| <input type="checkbox"/> anxiety         | <input type="checkbox"/> fear/fright | <input type="checkbox"/> frustration  | <input type="checkbox"/> irritability  | <input type="checkbox"/> introvert         | <input type="checkbox"/> ADHD |
| <input type="checkbox"/> easily stressed | <input type="checkbox"/> phobia      | <input type="checkbox"/> melancholy   | <input type="checkbox"/> restlessness  | <input type="checkbox"/> poor memory       |                               |
| <input type="checkbox"/> confusion/foggy | <input type="checkbox"/> hyper       | <input type="checkbox"/> grieving     | <input type="checkbox"/> freq. sighing | <input type="checkbox"/> panic             |                               |
| <input type="checkbox"/> unable to focus | <input type="checkbox"/> joyful      | <input type="checkbox"/> emotional    | <input type="checkbox"/> over-worried  | <input type="checkbox"/> feeling stuck     |                               |
| <input type="checkbox"/> lack of clarity | <input type="checkbox"/> giddy       | <input type="checkbox"/> hopelessness | <input type="checkbox"/> over-thinking | <input type="checkbox"/> attempted suicide |                               |

Other: \_\_\_\_\_

## Infertility:

How long have you been trying to get pregnant? \_\_\_\_\_

Have you tried any method of assisted reproduction? \_\_\_\_\_

Any long term exposure to chemicals? \_\_\_\_\_

Do you keep BBT (Basal Body Temperature)? \_\_\_\_\_

Do you test yourself for ovulation? \_\_\_\_\_

Has your partner been evaluated for infertility? \_\_\_\_\_

Other: \_\_\_\_\_

## Gynecology:

Date of last PAP: \_\_\_\_\_

Age at Menopause: \_\_\_\_\_

Last Menstrual Period: \_\_\_\_\_

Length of period: \_\_\_\_\_

Days of Heavy Flow: \_\_\_\_\_

### Period Blood Color:

- |                                      |                                    |
|--------------------------------------|------------------------------------|
| <input type="checkbox"/> pale red    | <input type="checkbox"/> light red |
| <input type="checkbox"/> red         | <input type="checkbox"/> dark red  |
| <input type="checkbox"/> red/purple  | <input type="checkbox"/> purple    |
| <input type="checkbox"/> dark purple | <input type="checkbox"/> brown     |

### Clots:

- large     small

### Menstrual Pain/Cramps:

- |  |                                 |
|--|---------------------------------|
| <input type="checkbox"/> before                    | <input type="checkbox"/> during |
| <input type="checkbox"/> after                     |                                 |
| <input type="checkbox"/> body change before period |                                 |
| <input type="checkbox"/> mood change before period |                                 |
| <input type="checkbox"/> spotting between periods  |                                 |

### Period Blood Flow:

- thick     thin

### Vaginal Discharge:

- |                                 |                                  |
|---------------------------------|----------------------------------|
| <input type="checkbox"/> odor   | <input type="checkbox"/> no odor |
| <input type="checkbox"/> watery | <input type="checkbox"/> thick   |
| <input type="checkbox"/> curdy  | <input type="checkbox"/> itchy   |

### Discharge color:

- |                                 |                                 |
|---------------------------------|---------------------------------|
| <input type="checkbox"/> clear  | <input type="checkbox"/> white  |
| <input type="checkbox"/> yellow | <input type="checkbox"/> bloody |

### Amount:

- |                                 |                                     |
|---------------------------------|-------------------------------------|
| <input type="checkbox"/> scanty | <input type="checkbox"/> mod        |
| <input type="checkbox"/> heavy  | <input type="checkbox"/> very heavy |

### Birth Control Pills:

Type: \_\_\_\_\_

How long: \_\_\_\_\_

- |  |
|--|
| <input type="checkbox"/> endometriosis                   |
| <input type="checkbox"/> vaginal burning/itching         |
| <input type="checkbox"/> pain during intercourse         |
| <input type="checkbox"/> uterine prolapsed               |
| <input type="checkbox"/> vaginal pain                    |
| <input type="checkbox"/> fibroids                        |
| <input type="checkbox"/> keeps track of cycle            |
| <input type="checkbox"/> late cycle (less than 35 days)  |
| <input type="checkbox"/> early cycle (less than 21 days) |
| <input type="checkbox"/> irregular cycle                 |
| <input type="checkbox"/> genital eruptions               |
| <input type="checkbox"/> hormone replacement             |
| <input type="checkbox"/> decreased libido                |
| <input type="checkbox"/> absent menstruation             |

### Select the number of:

Pregnancies: 0

Live Births: 0

Miscarriages: 0

Abortions: 0

Premature Births: 0

Other: \_\_\_\_\_

## Breast:

- |  |   |
|--|---|
| <input type="checkbox"/> history of breast disease | <input type="checkbox"/> breast tenderness        |
| <input type="checkbox"/> breast lumps/masses       | <input type="checkbox"/> breast fullness/swelling |
| <input type="checkbox"/> history of breast cancer  | <input type="checkbox"/> breast pain              |

- Breast Discharge:**  clear     white     yellow     green     black  
 black     blood     watery     thin     thick

Other: \_\_\_\_\_

### Energy Level:

- high  
 moderate  
 low

### Thirst Desires:

- hot  
 cold  
 room temp

### Cold Hot

- |                          |                          |
|--------------------------|--------------------------|
| <input type="checkbox"/> | <input type="checkbox"/> |
| <input type="checkbox"/> | <input type="checkbox"/> |
| <input type="checkbox"/> | <input type="checkbox"/> |
| <input type="checkbox"/> | <input type="checkbox"/> |
| <input type="checkbox"/> | <input type="checkbox"/> |
| <input type="checkbox"/> | <input type="checkbox"/> |

### Sensations

- hands  
feet  
back  
solar plexus  
abdomen  
whole body

### Intolerance to:

- cold     hot     wind  
 fan     A/C

### Work Odd Hours:

- Yes     No

### Are you taking:

- Aspirin  
 Blood Thinners

### Do you make time for meditation and prayer?

- yes     no

### Do you follow special diet?

- yes     no

If yes, what type? \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_



## Your Past Medical History/Illness:

- |  |   |  |   |   |
|--|---|--|---|---|
| <input type="checkbox"/> addiction           | <input type="checkbox"/> cancer                   | <input type="checkbox"/> gall stones         | <input type="checkbox"/> liver disease      | <input type="checkbox"/> rheumatic fever  |
| <input type="checkbox"/> AIDS/HIV            | <input type="checkbox"/> candida (yeast)          | <input type="checkbox"/> glaucoma            | <input type="checkbox"/> low blood pressure | <input type="checkbox"/> seizures         |
| <input type="checkbox"/> alcoholism          | <input type="checkbox"/> chemical dependency      | <input type="checkbox"/> gout                | <input type="checkbox"/> mental illness     | <input type="checkbox"/> STD              |
| <input type="checkbox"/> allergies           | <input type="checkbox"/> chronic fatigue syndrome | <input type="checkbox"/> headaches           | <input type="checkbox"/> migraine           | <input type="checkbox"/> stroke           |
| <input type="checkbox"/> anemia              | <input type="checkbox"/> chronic lung disease     | <input type="checkbox"/> heart disease       | <input type="checkbox"/> mononucleosis      | <input type="checkbox"/> suicide attempt  |
| <input type="checkbox"/> arthritis           | <input type="checkbox"/> colitis                  | <input type="checkbox"/> hepatitis           | <input type="checkbox"/> multiple sclerosis | <input type="checkbox"/> thyroid disease  |
| <input type="checkbox"/> asthma              | <input type="checkbox"/> cough (whooping)         | <input type="checkbox"/> hernia              | <input type="checkbox"/> organ transplant   | <input type="checkbox"/> tuberculosis     |
| <input type="checkbox"/> auto immune disease | <input type="checkbox"/> diabetes                 | <input type="checkbox"/> herniated disc      | <input type="checkbox"/> osteoporosis       | <input type="checkbox"/> ulcers           |
| <input type="checkbox"/> bi polar disorder   | <input type="checkbox"/> eating disorder          | <input type="checkbox"/> high blood pressure | <input type="checkbox"/> Parkinson's        | <input type="checkbox"/> vaccine reaction |
| <input type="checkbox"/> bleeding disease    | <input type="checkbox"/> epilepsy                 | <input type="checkbox"/> high cholesterol    | <input type="checkbox"/> pneumonia          |   |
| <input type="checkbox"/> bronchitis          | <input type="checkbox"/> fracture                 | <input type="checkbox"/> kidney disease      | <input type="checkbox"/> prostate issues    |   |

Other: \_\_\_\_\_

## Surgical/Traumatic History:

(Please include car accidents, falls, complications, etc and dates)

- |          |          |
|----------|----------|
| 1. _____ | 5. _____ |
| 2. _____ | 6. _____ |
| 3. _____ | 7. _____ |
| 4. _____ | 8. _____ |

## Family History:

- |                                     |                                    |  |  |                                  |
|-------------------------------------|------------------------------------|--|--|----------------------------------|
| <input type="checkbox"/> abuse      | <input type="checkbox"/> allergies | <input type="checkbox"/> chemical dependency | <input type="checkbox"/> high blood pressure | <input type="checkbox"/> stroke  |
| <input type="checkbox"/> AIDS       | <input type="checkbox"/> asthma    | <input type="checkbox"/> diabetes            | <input type="checkbox"/> mental illness      | <input type="checkbox"/> seizure |
| <input type="checkbox"/> alcoholism | <input type="checkbox"/> cancer    | <input type="checkbox"/> heart disease       | <input type="checkbox"/> diseases            |                                  |

## Habits/Excessive Usage:

(please indicate how much/often)

alcohol: _____	exercise: _____
artificial sweetener: _____	food: _____
chocolate: _____	sex: _____
cigarettes: _____	tea: _____
coffee: _____	salt: _____
soda: _____	sugar: _____
drugs: _____	water: _____

**Smoking:**  smoker  former smoker  never smoked frequency: \_\_\_\_\_

Smoking Comments: \_\_\_\_\_

## Allergies:

Drugs/Medication: \_\_\_\_\_

Chemicals: \_\_\_\_\_

Food: \_\_\_\_\_

Seasonal/Environmental: \_\_\_\_\_

## Current Medications, Occupational/Environmental Exposures:

Medications: \_\_\_\_\_

Chemical: \_\_\_\_\_ Electrical: \_\_\_\_\_

Acid/Alkaline: \_\_\_\_\_ Physical Labor: \_\_\_\_\_

Heavy Metals: \_\_\_\_\_ Psychological: \_\_\_\_\_

Height: \_\_\_\_\_ Weight: \_\_\_\_\_ Blood Pressure: \_\_\_\_\_ Temperature: \_\_\_\_\_

## INFORMED CONSENT TO ACUPUNCTURE CARE

I hereby request and consent to the performance of acupuncture treatments and other procedures within the scope of the practice of acupuncture on me (or on the participant named below, for whom I am legally responsible) by the acupuncturist named below and/or other licensed acupuncturists who now or in the future treat me while employed by, working or associated with or serving as back-up for the acupuncturist named below, including those working at the clinic or office listed below or any other office or clinic, whether signatories to this form or not.

I understand that methods of treatment may include, but are not limited to, acupuncture, moxibustion, cupping, electrical stimulation, Tui-Na (Chinese massage), Chinese herbal medicine, and nutritional counseling. I understand that the herbs may need to be prepared and the teas consumed according to the instructions provided orally and in writing. The herbs may be an unpleasant smell or taste. I will immediately notify a member of the clinical staff of any unanticipated or unpleasant effects associated with the consumption of the herbs.

I have been informed that acupuncture is a generally safe method of treatment, but that it may have some side effects, including bruising, numbness or tingling near the needling sites that may last a few days, and dizziness or fainting. Bruising is a common side *effect* of cupping. Unusual risks of acupuncture include spontaneous miscarriage, nerve damage and organ puncture, including lung puncture (pneumothorax). Infection is another possible risk, although the clinic uses sterile disposable needles and maintains a clean and safe environment. Burns and/or scarring are a potential risk of moxibustion and cupping.

I understand that while this document describes the major risks of treatment, other side *effects* and risks may occur. The herbs and nutritional supplements (which are from plant, animal and mineral sources) that have been recommended are traditionally considered safe in the practice of Chinese Medicine, although some may be toxic in large doses. I understand that some herbs may be inappropriate during pregnancy. Some possible side effects of taking herbs are nausea, gas, stomachache, vomiting, headache, diarrhea, rashes, hives, and tingling of the tongue. I will notify a clinical staff member who is caring for me if I am or become pregnant.

I do not expect the clinical staff to be able to anticipate and explain all possible risks and complications of treatment, and I wish to rely on the clinical staff to exercise judgment during the course of treatment which the clinical staff thinks at the time, based upon the facts then known is in my best interest. I understand that results are not guaranteed.

I understand the clinical and administrative staff may review my participant records and lab reports, but all my records will be kept confidential and will not be released without my written consent.

By voluntarily signing below, I show that I have read, or have had read to me, the above consent to treatment, have been told about the risks and benefits of acupuncture and other procedures, and have had an opportunity to ask questions. I intend this consent form to cover the entire course of treatment for my present condition and for any future condition(s) for which I seek treatment.

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Print Participant Name (or Participant Representative Name and Relationship to  
Participant)

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Date

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Participant (or Participant Representative) Signature

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Office only: Received by \_\_\_\_\_

Signature \_\_\_\_\_

**Insurance: Assignment of Benefits and Direction to Pay Benefits Owed to Acupuncture Fit, Inc 4700 Millenia Blvd. Suite 175 Orlando, FL 32839**

I, the undersigned insured or beneficiary of an insurance policy, irrevocably assign to Acupuncture Fit, Inc. on file with the Div. of Corporations, hereafter "Provider" whatever rights I have under any policy of insurance and under Florida law, including, without limitation, any and all claims for attorney's fees, costs, interest and/or damages pursuant to Florida Statute 624.155. This Assignment of Benefits (AOB) includes an assignment of any potential claim for common law or statutory bad faith. If the Insurer disputes the validity of this AOB, then the insurer is instructed to notify the provider in writing within 10 days of receipt of this document. Failure to do so shall result in the provider relying on this AOB for direct payment and could constitute a waiver by the insurer to contest the validity of this document. I do hereby confirm that this AOB is irrevocable and instruct any insurance company or other collateral source for which I am entitled to benefits to pay for monies owed as a result of medical services rendered by (Provider) to promptly make payment in the name of and directly to (Provider) or its chosen billing service.

Pursuant to this AOB, (Provider) is authorized to file suit on my behalf against any insurance company that reduces or denies benefits for medical services rendered to me and to collect any damages awarded or settlement monies for services rendered, plus interest, costs, reasonable attorney's fees and a contingency fee multiplier. I understand that in any such lawsuit, my name or other identifying information will need to be included in and/or portions of my medical file attached to pleadings and/or formal discovery. I waive any confidentiality of my records and/or information but only to the extent necessary to prosecute a claim for unpaid or owed medical expenses against the insurance company or any other responsible party.

I acknowledge that (Provider) objects to any reductions or partial payments by the Insurer. Any partial or reduced payment, regardless of the accompanying language, issued by the Insurer and deposited by (Provider) shall be done under protest, at the risk of the insurer, and the deposit shall not be deemed a waiver, accord, satisfaction, discharge, settlement or agreement by the provider to accept a reduced amount as payment in full. (Provider) reserves the right to seek the full amount of the bill submitted from the insurance company(ies) or me. Accordingly, the insurer is hereby instructed to set aside (escrow) any and all reduced or denied benefit payments for medical services rendered by this provider and not pay the disputed amount to anyone until the dispute is resolved.

I further instruct my insurance company to cooperate with the above-captioned (Provider) in resolving all medical billing disputes. Cooperation includes, but is not limited to, providing any and all declaration pages, PIP logs, payout ledgers, explanations of benefits, copies of checks, and any and all other documents or information to (Provider) or its attorneys, employees or other representatives acting on behalf of (Provider). If the insurer schedules a defense examination, examination under oath (EUO) or Independent Medical Examination (IME) of the participant, the insurer is hereby instructed to send a copy of said notification to this provider and the provider's attorneys. The provider and/or the provider's attorneys are authorized to appear at any participant EUO or IME set by the insurer. THIS ASSIGNMENT OF BENEFITS DOES NOT ASSIGN ANY RIGHTS OR OBLIGATIONS UNDER THE POLICY OF INSURANCE, TO SUBMIT TO AN EUO OR RECORDED STATEMENT. I further direct and authorize you to speak to an attorney, employee or any other representative of (Provider) or anyone acting on their behalf over the phone and provide them with any and all information you may have or documentation not previously listed above that they may request.

I, as the participant, agree to remain personally liable for the amounts billed by (Provider) regardless of the amount paid by the insurance company, unless ordered by a court of law. I fully understand that said health care services were provided to me in consideration for an unconditional promise to pay and for me providing these instructions to my insurance company. I, as the Participant, further agree to be liable for reasonable attorney's fees and costs incurred in collecting any delinquent accounts or unpaid balances. By executing this document, I am placing my insurance company(ies) on notice that the claims for medical treatment rendered by (Provider) are related to my accident (or my covered conditions) and should be paid directly to (Provider) pursuant to this assignment of benefits and Florida law. Any delay in paying benefits owed under the insurance policy could adversely affect me.

BY EXECUTING THIS DOCUMENT, I AM PLACING MY INSURANCE COMPANY ON NOTICE THAT THIS IS A DIRECT ASSIGNMENT OF BENEFITS PURSUANT TO FLORIDA LAW. AS THE INSURED OR BENEFICIARY OF SAID INSURANCE POLICY, I AM IRREVOCABLY ASSIGNING WHATEVER RIGHTS I HAVE UNDER MY POLICY OF INSURANCE (LESS THE DUTY TO ATTEND AN EUO) AND UNDER FLORIDA LAW TO THIS HEALTHCARE PROVIDER. A photocopy of this assignment shall be considered as effective and valid as the original.

Ins. Co. Name: \_\_\_\_\_ Provider ID: \_\_\_\_\_ Group Number: \_\_\_\_\_

\_\_\_\_\_  
Participant's Name

\_\_\_\_\_  
DOB

\_\_\_\_\_  
Printed Name of Policy holder or Claimant Acceptance of (Provider)

\_\_\_\_\_  
Signature of Policy holder or Claimant

\_\_\_\_\_  
Date





## Acupuncture Fit Virtual TCM Release of Liability Waiver

I \_\_\_\_\_, understand that I am here to learn about nutrition and better health practices, that I will be offered information about food supplements and herbs as a guide to general good health, and this is a personal ministry and spiritual counseling. I fully understand that those who counsel me are not medical doctors and I am not here for medical diagnostic purposes or treatment procedures. I am not on this visit, or any past or subsequent visits, an agent for federal, state or local agencies or on a mission of entrapment or investigation. The services performed here are at all times restricted to consultation on nutritional matters intended for the maintenance of the best possible state of natural health, and do not involve the diagnosing, treatment or prescribing of remedies for disease.

Signature (or Guardian Signature) \_\_\_\_\_

Date \_\_\_\_\_



## PHOTO VIDEO RELEASE FORM

I, \_\_\_\_\_, hereby grant and authorize Acupuncture Fit the right to take, edit, alter, copy, exhibit, publish, distribute and make use of any and all pictures or video taken of me to be used in and/or for legally promotional materials including, but not limited to, newsletters, advertisements, press kits, websites, social networking sites and other print and digital communications, without payment or any other consideration. This authorization extends to all languages, media formats and markets now known or hereafter devised. This authorization shall continue indefinitely, unless I otherwise revoke said authorization in writing.

I understand and agree that these materials shall become the property of Acupuncture Fit.

I hereby hold harmless, and release Acupuncture Fit from all liability, petitions, and causes of action which I, my heirs, representative, executors, administrators, or any other persons may make while acting on my behalf or on behalf of my estate.

If the person signing is under the age of consent, then this release must be signed by a parents or guardian, as follows:

I hereby certify that I am the parent or guardian of \_\_\_\_\_ named above, and do hereby give my consent without reservation to the foregoing on behalf of this individual.

\_\_\_\_\_  
(Signature)

\_\_\_\_\_  
(Date)